



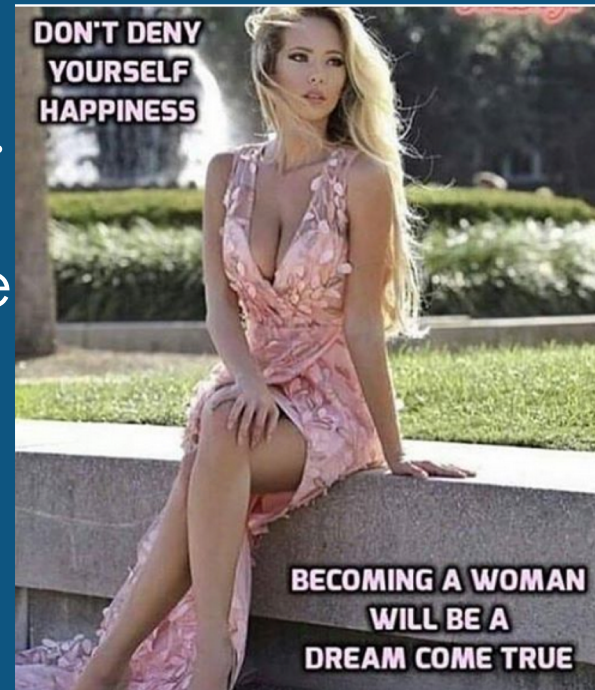
The Psychology of Trans-Identified

What Is Transgender?

- ▶ Autogynephilia
- ▶ Predators and Pretenders
- ▶ Munchausen by Proxy
- ▶ Gender Dysphoria

Autogynephilia

- Men who become sexually aroused by passing as a woman.
- Being able to enter a woman's bathroom or locker room is a sexual turn on.
- Have a deep animosity for women.
- Sometimes younger men who have been "sissified" by porn



Predators

Often not interested in doing much gender modification so not likely to be at gender clinics.



Rusty Dubh Söldner
10 hrs · 🌐

I just want to be treated like any other woman when in the restroom.

Why is this such a hard ask for so many people?

file Pictures

A photograph of the same person from the previous image, now standing and holding a smartphone. The phone screen shows a heart with the transgender flag colors (pink, white, blue) and a rainbow flag is visible on their chest. The person is wearing a purple top with a rainbow flag design.


Pretenders

- Claim to be trans in order to access woman's sports, scholarships, and grants
- Motivated by personal gain



Munchausen by Proxy



Serena Plante asked a question  in **Parents Supporting Parents of Trans Children.**

7h · 

Does anyone have a child who still acts like their birth gender after transitioning?

My ftm son is still very into dolls, pet shops, LOLs, very typically girly toys.

 6

18 Answers

 Like

 Answer



Jillisa Whitney

K genuinely believe my 14 yr old AFAB son has gender dysphoria, but he still wants to wear dresses occasionally, paints his long nails, and wears make-up. It's very confusing to me as a mother, but I have learned to not question, just learn and go with the flow. At this age my child, and any child, are exploring and figuring themselves out, my trans child is no different. It is confusing though.

Like Reply

Actual Gender Dysphoria

Desire to be a different sex:

- ▶ Wear clothing associated with the opposite sex
- ▶ Friends of the other sex
- ▶ Rejection of activities associated with the opposite sex
- ▶ A strong dislike of anatomy

Some Causes of Gender Dysphoria...

- ▶ Sexual assault
- ▶ Parents prefer the opposite sex
- ▶ Autism
- ▶ Social contagion
- ▶ Puberty

Dangers of Affirmative Care

Transitioning is a treatment not an identity!

- ▶ Encouraged to believe there is something wrong with their body.
- ▶ Far more likely to persist with gender dysphoric feelings.
- ▶ Increases likelihood of medically transition.

Suicide Claims

Claim high rate due to societal oppression

Nothing like the discrimination faced in the past by blacks, Jews, or Native Americans



NEVER FORGET
31% of trans* people commit suicide

50% attempt it by the time we turn 20

It's not just
gay teens you need to worry about.

Trans* people are killed by bullies too.

Emotional Blackmail



Undermining Parents

- ▶ Told parents don't love them
- ▶ Encouraged to deceive parents
- ▶ Teachers and therapists deceive parents
- ▶ Teachers and therapists usurp parental role

IF YOUR PARENTS AREN'T
ACCEPTING OF YOUR IDENTITY



I'M YOUR MOM NOW
#freemomhug

Confusion

- ▶ Feelings are more important than reality
- ▶ They get to choose their sex
- ▶ They are unable to trust caregivers
- ▶ That truth is hateful and violent
- ▶ Gender confused children to feel victimized
- ▶ Lied to about biology “girdick” and “sheenis”

I wasn't "born with a boy's body".

I am a girl

and my body is mine.

so it's a girl's body.

Girls have all kinds of bodies.



Transition does not resolve dysphoria

Kendra Vail What if we still have nauseating dysphoria after transition?
Like · Reply · 10h

Syrah Lee what if our dysphoria gets even worse because we use to live with a commodity of denial and being able to hide it but now our boobs are sticking out and though i feel happy alone the staring is really getting to me.
Like · Reply · 9h

Kendra Vail *hugs*
Like · Reply · 9h

Eevee Chu Aw ;-; ur both cuties
Like · Reply · 8h

Vivian Morningstar I think expecting physical transition to do everything is misleading. It takes a lot of mental work too - e.g. combating the internalized transphobia and whatnot that makes you feel invalid. I've known plenty of post-op, fully passing trans women who've expected physical transition to do everything without putting in the legwork, and they still have awful dysphoria.
Like · Reply · 6h

Megan Bruns is 😞 feeling depressed.
11 hrs · 🌐



Sorry I'm such a worthless piece of shit

Jessica Drawdy 🌟 Trans Woman Support Network 🌟
27 mins · 🌐

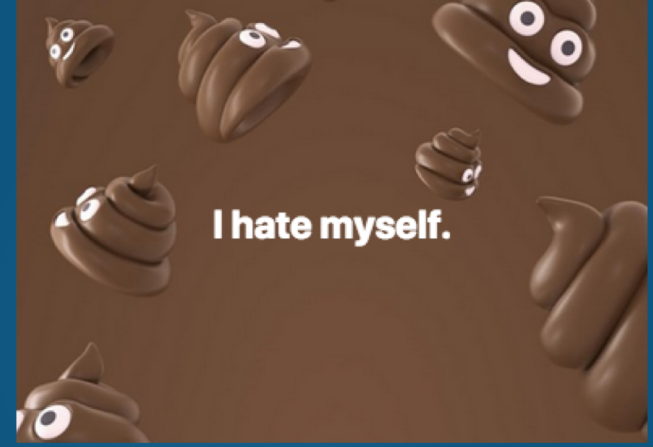
Cw: dysphoria, suicide

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Dysphoria is so awful today it makes me want to kill myself

🙄 1

Alice Ashton
42 mins · 🌐



I hate myself.

Christina Elise Morgan is 😞 feeling broken.
11 hrs · 🌐



Sometimes i think, would i be better off dead?

it Transgender Support 30+

4 C

Planned Parenthood

- ▶ Patients do not need referral from therapist to begin hormone therapy
- ▶ Prescribed hormones on first visit
- ▶ Start or continue hormone therapy or pubertal blockers
- ▶ Provide services for younger patients with a “parent” or “guardian’s” permission



Need for Compassion

- Dysphoria often the result of trauma
- Gender dysphoria can be the result of disassociation
- Often concrete thinkers-hallmarks of autism spectrum
- Emotionally vulnerable and needy
- Discomfort hatred/shame
- Need external validation
- Need affection, attention, affirmation
- Attempting to kill themselves without dying

Pathologizing what is normal and normalizing what is pathological



Love...

