



Walt Heyer



Persona

(Jungian psychology)

A personal façade that one presents to the world

-Vocabulary.com

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July 25, 1990

Re: Walter James Heyer
AKA Laura J. Jensen

To: The Superior Court of California
County of San Mateo

Walter James Heyer has requested that the court restore his male name and male sex designation on his previously changed birth certificate. The certificate currently reads Laura Jensen, female.

On April 28, 1983, following psychological evaluation and recommendation, I performed sex reassignment surgery (Male to Female) on Mr. Heyer, then known as Laura Jensen. The birth certificate was changed, with medical recommendation, following that surgery.

In the years since that surgery, the patient has revealed a previously well-hidden addiction problem with alcohol. The patient has received treatment for this alcoholism and has now been sober for over four years. The patient has also received counseling for his gender identity.

With sobriety, this patient has discovered that his gender identity is in fact male and masculine and that the requested sex reassignment surgery of 1983 was pursued apparently as a symptom of alcohol induced distorted thinking. He now lives fully as a male, identifies himself as a male, has had defeminizing surgery to re-masculinize the chest, and has taken male hormone treatments and has discontinued female hormone treatments.

This patient, by the criteria established by John Money, Ph.D. at the John Hopkins University School of Medicine, is indeed now medically considered a male. We plead that the court will reestablish this man's legal identity as male. The patient's medical sex is evaluated as follows:

Genetic sex-----	Male
Hormonal sex-----	Neuter
Internal morphology-----	Male
External morphology-----	Mixed
Gonadal sex-----	Neuter
Social sex (gender role)-----	Male
Psychological sex (gender identity)-----	Male
Legal sex-----	Female (Changed to Male Requested.)

With the above evaluation presented to me by Dr. Paul Walker, whom I consider as an expert in this field, I fully support the patient's request for a return to the legal status of male and I respectfully recommend to the court that the petition for birth certificate change or restoration be granted.

Respectfully submitted,


Stanley H. Biber, M.D.


Paul A. Walker, Ph.D.

Dr. Walker & Dr. Biber Court Document

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(change to male requested)	

The
Destructive
Detour—
“Gender
Dysphoria”

Why would medical practitioners overlook mental illness and rush to hormones or surgery?

One factor is the diagnosis of “gender dysphoria.”

Detrimental Effect

Once clinicians make the diagnosis of gender dysphoria, they **stop looking** for contributing factors such as mental illness and adverse childhood experiences.

They **skip** psychological evaluation and **proceed directly to** prescribing cross-sex hormones and removing healthy body parts.

The exclusive focus is on “gender” to the exclusion of all else.

The Role of Mental Illness

Trauma in childhood is known to have broad impact on child development and on the occurrence of mental health problems later in life.

Some academic research shows that mental illness *precedes* the onset of transgender ideation in young people.

This suggests that *gender distress is not the problem*—mental illness is.

Resolve the Trauma

People need appropriate treatment for psychiatric conditions first. Instead of diagnosing with “gender dysphoria,” strike out the word “gender,” and focus on dysphoria.

Dysphoria is a classic psychological term that describes generalized unhappiness, restlessness, dissatisfaction, or frustration. Dysphoria is a **symptom** associated with a variety of mental conditions, such as stress, anxiety, depression, and substance use disorders, themselves instigated by childhood experiences. As such, the issue is not gender “misassigned” at birth. The true concern is a broken core identity.

Adverse Childhood Events (ACEs)

Medical professionals have coined the term Adverse Childhood Events (ACEs) to refer to a range of negative situations a child may face or witness while growing up, such as

- physical neglect
- parental separation or divorce
- living in a household in which domestic violence occurs
- living in a household with an alcoholic

These experiences negatively alter the brain at a deep level where most basic needs originate and a person's identity is formed.

Identify “What Happened”

The work of uncovering, acknowledging, and treating “[what happened](#)” is difficult and can take time, but it’s the only way to true healing and restoration.

A skilled [trauma therapist](#) will ask probing questions to help the client identify the disordered thoughts and discover the link to childhood experiences.